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## 4.4 Standardizing Distance From Stationarity

(Recall) Thm 4.9:  $\max_{x \in \mathcal{X}} \|P^t(x, \cdot) - \pi\|_{TV} \leq C \alpha^t$   
 (irreducible, aperiodic)

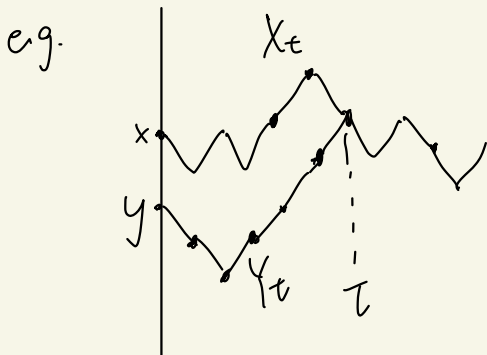
Hence we can define:

$$d(t) \stackrel{\text{def}}{=} \max_{x \in \mathcal{X}} \|P^t(x, \cdot) - \pi\|_{TV}$$

We also introduce:

$$\bar{d}(t) = \max_{\substack{x \in \mathcal{X} \\ y \in \mathcal{X}}} \|P^t(x, \cdot) - P^t(y, \cdot)\|_{TV}$$

(Motivation) coupling (chapter 5. coupling of 2 chains instead of 2 r.v.)



(If  $X_s = Y_s$  then  $\forall t \geq s$ )  
 $X_t = Y_t$  (\*)

Thm 5.4.  $\|P^t(x, \cdot) - P^t(y, \cdot)\|_{TV} \leq \mathbb{P}_{xy}(Z \geq t)$   
 (given (\*))

↳ convenient to bound  $\bar{d}(t)$  instead of  $d(t)$ .

## 2 properties of $d(t)$ & $\bar{d}(t)$

Lemma 4.10:  $\underline{d}(t) \leq \bar{d}(t) \leq 2d(t)$  (constant multiple of each other)

Lemma 4.11  $\bar{d}(s+t) \leq \bar{d}(s) \bar{d}(t)$  (submultiplicative)

Pf of 4.10:

$$\bullet \quad \|\rho^t(x, \cdot) - \rho^t(y, \cdot)\|_{TV} \leq \|\rho^t(x, \cdot) - \pi\|_{TV} + \|\rho^t(y, \cdot) - \pi\|_{TV}$$

(triangular inequality)

$$\Rightarrow \bar{d}(t) \leq 2d(t)$$

$$\bullet \quad \|\rho^t(x, \cdot) - \pi\|_{TV} = \max_{A \subseteq X} |\rho^t(x, A) - \pi(A)|$$

(def of TV distance)

$$|\rho^t(x, A) - \pi(A)| \quad \leftarrow \pi P = \pi$$

$$= \left| \sum_{y \in X} \pi(y) [\rho^t(x, A) - \rho^t(y, A)] \right|$$

$$\leq \sum_{y \in X} \pi(y) \underbrace{|\rho^t(x, A) - \rho^t(y, A)|}_{\leq \bar{d}(t)}$$

$$\|\rho^t(x, \cdot) - \pi\|_{TV} \leq \bar{d}(t)$$

$$\Rightarrow d(t) \leq \bar{d}(t) \quad \square$$

Pf 4.11

•  $\| \mu - \nu \|_{TV} = \max \{ P(X \neq Y) : (X, Y) \text{ is coupling of } \mu \& \nu \}$

↳ min (inf can be obtained by choosing appropriate coupling)  
"optimal"

$$\| P^S(x, \cdot) - P^S(y, \cdot) \|_{TV} = P(X_S \neq Y_S)$$

$(X_S, Y_S)$  : "optimal coupling"

$(\{X_t\}_{t \geq 0} \& \{Y_t\}_{t \geq 0})$

$$\begin{aligned} P^{S,t}(x, w) &= \sum_z P(X_S = z) P^t(z, w) \\ &= \mathbb{E}[P^t(X_S, w)] \end{aligned}$$

$$P^{S,t}(x, A) - P^{S,t}(y, A)$$

$$= \sum_{w \in A} (P^{S,t}(x, w) - P^{S,t}(y, w))$$

$$= \sum_{w \in A} \mathbb{E}[P^t(X_S, w) - P^t(Y_S, w)]$$

$$= \mathbb{E}[P^t(X_S, A) - P^t(Y_S, A)] \rightarrow \text{the sum is } \sum_{x, y} [P^t(x, A) - P^t(y, A)]$$

$$\leq \mathbb{E}[\bar{\alpha}(t) \mathbb{1}(X_S \neq Y_S)]$$

$$= P(X_S \neq Y_S) \bar{\alpha}(t)$$

$\leq \bar{\alpha}(t)$   
↑  
[  $P^t(x, A) - P^t(y, A)$  ]  
↙  $P(X_S = x, Y_S = y)$   
 $x \neq y$  :  $\leq P(X_S = x, Y_S = y)$   
 $x = y$  : no contribution

$$\therefore \bar{d}(s+t) \leq \bar{d}(s) \bar{d}(t) \quad \square$$

(A simple application)

(Remark 4.12) Another pf of 4.9 using 4.10 & 4.11

Thm 4.9:  $d(t) \leq \alpha^t$

Pf: Suffices to show  $\bar{d}(t) \leq \alpha^t$

• Aperiodicity:  $\exists s$  s.t.  $P^s(x, y) > 0, \forall x, y \Rightarrow \bar{d}(s) < 1$

•  $\bar{d}(a+bs) \leq (\bar{d}(s))^a \bar{d}(b), (0 \leq b \leq s-1, a \in \mathbb{N})$

$$\underbrace{\bar{d}(a+bs)}_t \leq \underbrace{\left[ (\bar{d}(s))^{\frac{1}{s}} \right]^{a+bs}}_{\alpha} \cdot \underbrace{\left( \bar{d}(s)^{-1} \max_{0 \leq b \leq s-1} \bar{d}(b) \right)}_C$$