

Construction of the optimal coupling:

Thm: $\mu, \nu \in \mathcal{P}(X)$

$$\|\mu - \nu\|_{TV} = \inf \{P(X \neq Y) : (X, Y) \text{ is a coupling of } \mu, \nu\}.$$

Proof:

(Integral representation).

Equip X with measure space structure $(X, \mathcal{P}(X), \mathcal{L})$ with $\mathcal{L} = \sum_{x \in X} \delta_x$ (Dirac measure) (计数测度)

Then view $\mu, \nu \in \mathcal{L}^1(X, \mathcal{L})$, denote $dx = d\mathcal{L}(x)$, we have

$$\sum_{x \in A} \mu(x) = \int_A \mu(x) dx$$

(Estimate of the upper bound)

Now assume (X, Y) is a coupling of μ, ν with prob distribution (on X^2) $f(x, y)$. Then

$$\int_X f(x, y) dy = \mu(x), \quad \int_X f(y, x) dy = \nu(x)$$

Hence

$$\|\mu - \nu\|_{TV} = \frac{1}{2} \|\mu - \nu\|_{\mathcal{L}^1(X, \mathcal{L})}$$

$$= \frac{1}{2} \int_X \left| \int_X f(x, y) dy - \int_X f(y, x) dy \right| dx$$

$$\leq \frac{1}{2} \int_X \int_X \underbrace{|f(x, y) - f(y, x)|}_{\text{vanish at diagonal } x=y} dy dx$$

$$= \frac{1}{2} \int_{X^2} |f(x, y) - f(y, x)| dx dy$$



$$\textcircled{2} \leq \frac{1}{2} \int_{\mathbb{X}^2 (x \neq y)} (|f(x,y)| + |f(y,x)|) dx dy$$

by symmetry of x, y , Fubini

$$= \int_{\mathbb{X}^2 (x \neq y)} |f(x,y)| dx dy$$

$$= \mathbb{P}(X \neq Y), \text{ take the inf of } (X, Y)$$

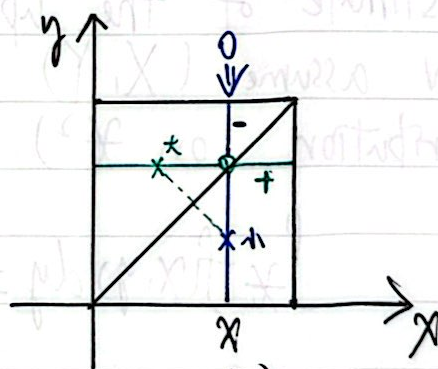
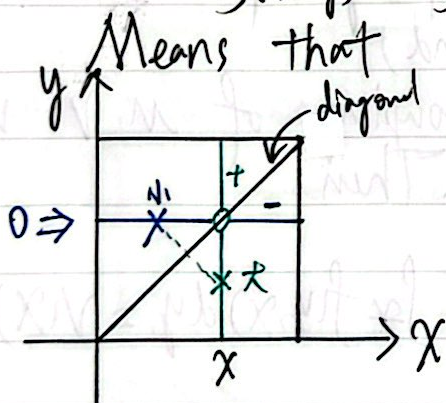
(Geometric construction of optimal coupling).

The optimal coupling will ensure the inequ^s $\textcircled{1}, \textcircled{2}$ take equiv.

$\textcircled{1} \Rightarrow$ for \forall fixed x , either
 $f(x,y) \geq f(y,x), \forall y \in \mathbb{X}$

or

$f(x,y) \leq f(y,x), \forall y \in \mathbb{X}$



$$\textcircled{2} \Rightarrow |f(x,y) - f(y,x)| = |f(x,y)| + |f(y,x)|, \forall x \neq y$$

Due to $f \geq 0$

$$\Rightarrow \min \{f(x,y), f(y,x)\} = 0$$

Hence the minimal part (blue line) in above pictures will be zero at off-diagonal place.

So how to judge whether (A) or (B)? By the

definition of coupling, notice that for fixed chosen $X \in \mathcal{X}$

$$\text{sum of column} = \mu(X)$$

$$\text{sum of row} = \nu(X).$$

Hence only to judge

" $\mu(X) > \nu(X)$ " \Rightarrow (A) \Rightarrow diagonal $f(x,x) = \nu(X)$.
off-diag row all zero.

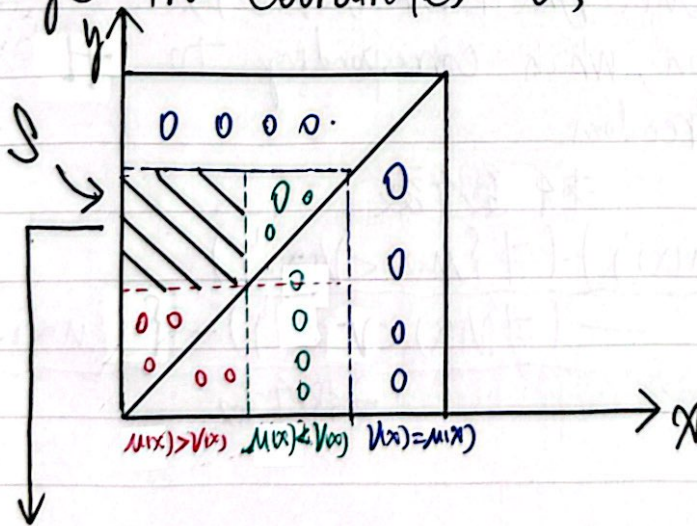
" $\mu(X) < \nu(X)$ " \Rightarrow (B) \Rightarrow diagonal $f(x,x) = \mu(X)$.
off-diag column all zero.

" $\mu(X) = \nu(X)$ " \Rightarrow diagonal $f(x,x) = \nu(X) = \mu(X)$.
both off-diag column & row all zero.

\Rightarrow

$$f(x,x) = \mu(x) \wedge \nu(x).$$

Rearrange the coordinates as



In this square we can easily get

$$\sum_y f(x,y) = \mu(x) - \nu(x) > 0$$

$$\sum_x f(x,y) = \nu(y) - \mu(y) > 0.$$



and totally $\sum_{(x,y) \in S} f(x,y) = \sum_x (\mu(x) - \nu(x))$

$W \sim \text{Bern}(p)$

$\Rightarrow P(X=Y) = \sum_{x \in X} \mu(x) \nu(x) = 1 - \| \mu - \nu \|_{TV} = p$

Normalize f 's / $\| \mu - \nu \|_{TV}$ to be a prob. distri on S , with it's the coupling of

$$(\mu(x) - \nu(x)) / \| \mu - \nu \|_{TV} = \phi_1(x)$$

$$(\nu(y) - \mu(y)) / \| \mu - \nu \|_{TV} = \phi_2(y)$$

And if we take the simplest independent coupling

$$f(x,y) / \| \mu - \nu \|_{TV} = \phi_1(x) \phi_2(y)$$

Then $f(x,y)$ is the distribution of what we constructed in the book. What's more, to compute the dimension of optimal coupling, it's equal to a

$$(\# \{ \nu(x) < \mu(x) \}) \times (\# \{ \mu(x) < \nu(x) \})$$

size coupling's dimension, which corresponding to a linear equation system with freedom

$$F \geq \frac{(\# \{ \nu(x) < \mu(x) \}) \cdot (\# \{ \mu(x) < \nu(x) \})}{\# \text{方程个数}}$$

What will happens if X is not discrete? For example $X = \mathbb{R}$ with $\mu = \nu = \mathcal{U}$ on \mathbb{R} ?

Conjugation:

$$\| \mu - \nu \|_{TV} \leq \inf_{\gamma} \int P(|X-Y| > \delta) / \mu, \nu \text{ is coupling of } \mu, \nu$$